Recruiting Rules for NCAA Division I



Recruiting Material: You may receive brochures for camps and questionnaires

Telephone Calls: You can make unlimited calls to the coach at your own expense; the

coach cannot call you

Unofficial Visits: Unlimited

Official Visits: Not allowed until your Senior year

Off Campus Contact: Not allowed

JUNIOR YEAR

Recruiting Material: You may begin to receive recruiting materials and information from the coach on September 1st of your Junior year

Telephone Calls: You can make unlimited calls to the coach at your own expense and you can receive one call per week starting July 1st AFTER your Junior year

Unofficial Visits: Unlimited

Official Visits: Not allowed until your Senior year

Off Campus Contact: Not allowed

SENIOR YEAR

Recruiting Material: You may receive recruiting material and information from the coach

<u>Telephone Calls:</u> You can make unlimited calls to the coach at your own expense and you can receive one call per week starting July 1st

Unofficial Visits: Unlimited

<u>Official Visits:</u> You can start official visits on the opening day of classes; you get one per college and a maximum of 5 visits to DI

Off Campus Contact: A coach may have face to face contact with you or our parents no more than 3 times a year



Recruiting Rules for NCAA Division II



Recruiting Material: You may receive brochures for camps and questionnaires

Telephone Calls: You can make unlimited calls to the coach at your own expense; the

college coach can call you an unlimited number of times

Unofficial Visits: Unlimited

Official Visits: Not allowed until your Senior year

Off Campus Contact: Not allowed

JUNIOR YEAR

Recruiting Material: You may receive recruiting material and information from the

coach

Telephone Calls: You can make unlimited calls to the coach at your own expense; the

coach can call you an unlimited number of times

Unofficial Visits: Unlimited

Official Visits: Not allowed until your Senior year

Off Campus Contact: Starting June 15th, there is no limit of off campus visits

SENIOR YEAR

Recruiting Material: You may receive recruiting materials and information from the

coach

Telephone Calls: You can make unlimited calls to the coach at your own expense and

there is no limit on the number of telephone calls after classes have started

Unofficial Visits: Unlimited

<u>Official Visits:</u> You can start official visits on the opening day of classes and you get one per college with an unlimited amount of official visits to DII, DIII, and NAIA schools

Off Campus Contact: Starting June 15th before your Junior year, there is no limit of off

campus visits





Recruiting Rules for NCAA Division III

FRESHMAN & SOPHOMORE YEAR

Recruiting Material: You may receive printed recruiting materials at any time

<u>Telephone Calls:</u> You can make unlimited calls to the coach at your own expense; no limit on the number of telephone calls, texts, or emails from the coach after the specified date

Unofficial Visits: Unlimited

Official Visits: Not allowed until your Senior year

Off Campus Contact: Not allowed until after your Junior year

JUNIOR YEAR

Recruiting Material: You may begin to receive recruiting material and information from the coach on September 1st

Telephone Calls: You can make unlimited calls to the coach at your own expense and there is no limit on the number of telephone calls, texts, or emails

Unofficial Visits: Unlimited

Official Visits: Not allowed until your Senior year

Off Campus Contact: Not allowed until after your Junior year

SENIOR YEAR

Recruiting Material: You may receive recruiting material and information from the coach

Telephone Calls: You can make unlimited calls to the coach at your own expense and there is no limit on the number of telephone calls after classes have started

Unofficial Visits: Unlimited

<u>Official Visits:</u> You can start official visits on the opening day of classes and you get one per college with an unlimited amount of official visits to DII, DIII, and NAIA schools